



EXAMINATIONS COUNCIL OF SWAZILAND
Swaziland Primary Certificate Examination

CONSUMER SCIENCE

627/02

Paper 2

September/October 2018

Planning Session: 1 hour

Practical: 2 hours

READ THESE INSTRUCTIONS FIRST

Answer **one** question that is allocated/assigned to you.

Fill in sheets 1, 2 and 3 in duplicate and hand in all papers to the invigilator.

PRACTICALS: FOOD PREPARATION, LAUNDRY AND HOME MANAGEMENT;

Test 1

(a) Prepare cook lunch for a manual worker using the following ingredients:

Chicken offal stew

- 200g Mixed chicken offals (gizzards)
- 1 small onion
- $\frac{1}{2}$ green pepper
- 2T spicy curry
- 250ml chicken stock
- $\frac{1}{2}$ t aromat
- 2T cooking oil

Boiled mealie rice

- 2 C mealie rice
- Enough water
- $\frac{1}{4}$ t salt
- 1 t cooking oil

Boiled Spinach

- $\frac{1}{2}$ bunch spinach
- 1T fat
- $\frac{1}{4}$ C minced peanuts
- $\frac{1}{4}$ t aromat

B. Clean and line a plastic refuse bin using soap, jeyes fluid, mutton cloth and a refuse bag.

Test 2

a) Prepare lunch for the invigilator using the following ingredients:

Shepherds Pie

- 150g cooked minced beef
- 1 small onion
- 2 mashed potato
- $\frac{1}{4}$ t salt
- $\frac{1}{4}$ t pepper
- $\frac{1}{2}$ t mixed herbs
- 30ml milk

Lettuce Salad

- 3 leaves lettuce
- $\frac{1}{4}$ small carrot
- $\frac{1}{4}$ cucumber
- $\frac{1}{4}$ tomato
- $\frac{1}{4}$ onion
- 2T French dressing

Orangeade

- 2 oranges
- 250ml boiled water
- 2T sugar

B) Remove a blood stain cotton shirt. Wash and finish using salt, soap, fabric softener and water.

Test 3

A) You are going on a school trip , prepare, cook and pack a meal for yourself using the following ingredients

Cheese scones

- 200g cake flour
- 2t baking powder
- 60ml milk
- 50g margarine
- 1 egg
- 50g cheese

Fried chicken

- 2 pieces chicken
- 4 T cooking oil
- 1 t chicken spice
- $\frac{1}{4}$ t aromat.

Lemonade

- 2 lemons
- 250ml water
- 2T sugar

B) Cleaning a selection of dishes 2 glass tumblers, 2 dinner plates plates , 2 table spoons , 2 side plates using dish soap, vinegar and water.

Test 4.

There is a consumer science display at your school, prepare cook and serve the following dishes for selling:

Queen Cakes

- 100g self-raising flour
- 60g sugar
- 60g margarine
- 1 egg
- 60ml milk
- $\frac{1}{2}$ t vanilla essence

Cheese and Tomato sandwich

- 4 slices bread
- 1 T margarine
- 50g grated cheese
- 4 slices of tomato
- 2 small lettuce leaves.

Banana fritters

- 1 big ripe banana
- 4 T cake flour
- $\frac{1}{2}$ C cooking oil
- 1t bicarbonate of soda
- 1 egg.

a) Clean a frying pan using steel wool soap and water

Test 5

A) Prepare cook and serve supper using the following ingredients:

Boiled Samp

- 1C samp
- $\frac{1}{4}$ C mixed frozen vegetables
- $\frac{1}{4}$ t salt
- 1T cooking oil

Beef curry

- 200g beef
- $\frac{1}{4}$ carrot
- $\frac{1}{4}$ green pepper
- $\frac{1}{4}$ potato
- 1 onion
- 250ml beef stock
- 1t curry powder
- 1t paprika
- 1t barbecue spice
- $\frac{1}{4}$ t aromat

Coleslaw salad

- 1/8 small cabbage
- $\frac{1}{4}$ carrot
- 2T mayonnaise
- $\frac{1}{4}$ t aromat

b). Wash and finish a cotton pillow case, using soap water and fabric softener.